

High Protein Low Fat Bariatric Friendly Menu

Includes side garden salad or vegetable

Georgina's Balsamic Chicken - \$8.95

Grilled chicken on a bed of iceberg lettuce topped with diced tomatoes and sliced red onion tossed with balsamic vinegar.

Chicken Francese – \$8.95

Egg dipped chicken sautéed with chicken stock, garlic and lemon.

Chicken Parmigiana - \$8.95

Lightly breaded cutlet baked and covered with tomato sauce lightly topped with melted mozzarella cheese.

Chicken Marsala – \$8.95

Tender grilled chicken breast sautéed with Marsala wine, fresh mushrooms, garlic and a dash of parmesan cheese.

Chicken Cacciatore - \$8.95

Grilled chicken sautéed together with onions, green peppers and fresh mushrooms in marinara sauce.

Meatballs Marinara – \$8.95

Georgina's own mix of pork and beef blended with parmesan cheese onions and Italian spices baked then topped with our marinara sauce.

Grilled Chicken with Veggies - \$8.95

We use only the freshest chicken breast cut in house then grilled to perfection placed atop a melody of fresh sautéed in stock vegetables of zucchini, roasted red peppers, mushrooms and eggplant.

Grilled Chicken with Lettuce & Tomato - \$8.95

Fresh grilled chicken, lettuce and tomato with a splash of our house balsamic dressing.

Shrimp Francese - \$10.95

Tender Shrimp egg dipped then sautéed in stock, garlic, splash of white wine and lemon served over broccoli or spinach.

Mussel's Marinara - \$10.95

Mussel's sautéed in stock and garlic hen tossed with our marinara sauce.

Georgina's – 3536 Davis Drive, Morrisville, NC 27560 (919) 388-3820